



## FOR THE TABLE

### SEAHORSE ARTISAN BREADS - £6

Home-baked breads with butter  
(V,G,D,SU,L)

### CHORIZO AND MOZZARELLA - £8

Fried chorizo and bocconcini mozzarella (SU,MU,D,C)

### OLIVES AND CHEESE - £8

Pitted black and green olives with Davidstow  
cheddar (V,D)

### SALT AND PEPPER CALAMARI - £9

Sea salt and peppered calamari with lemon (G,D,F,ML,CR)

## STARTERS

### HOUSE SOUP - £6

Homemade soup of the day, butter and daily  
bread (G,C,D,L)

### STICKY CHICKEN WINGS - £8

With a mango, coconut and chilli salsa  
(C,SU,SY,D,MU)

### PORK BELLY - £8

Low and slow cooked pork belly, crispy  
crackling and apple remoulade (E,SU,C)

### POTTED CRAB AND PRAWN - £8

Hot and spicy crab, baby prawns, dill butter and  
bruschetta (G,F,ML,CR,D,C,SU,L)

### SOUTH AFRICAN SPICED BEETROOT HUMMUS - £7

With mint, ground coriander, garlic, paprika and served with bread (V,G,L,SY,S)

## PIZZAS

### SEAHORSE MARGARITA - £12

Classic tomato base, davidstow cheddar,  
mozzarella and crisp wild rocket (G,D,SU)

### SEAHORSE MEAT FEAST - £15

Classic margarita base, BBQ sauce, topped with  
pepperoni, salami, ham and chorizo (G,D,SU,C,MU)

### SEAHORSE AMERICAN - £13

Classic margarita base, topped with  
pepperoni (G,D,SU)

### SEAHORSE HAWAIIAN - £13

Classic margarita base, home-roasted ham,  
pineapple and crisp wild rocket (G,D,L,SU,MU,C,SY)

## SANDWICHES

SERVED UNTIL 4 PM

### CRAB - £13

Fresh crab and mayonnaise served on fresh white or  
wholemeal bloomer bread (G,D,ML,CR,L,MU,E,SY)

### BRIE & CRANBERRY - £9

Served on fresh white or wholemeal bloomer bread.  
Can also be served as a panini (G,L,D,SU,MU,SY)

### CORONATION CHICKEN - £10

Served on fresh white or wholemeal bloomer bread.  
Can also be served as a panini (G,D,E,L,MU,SY)

### GLAZED HAM & DAVIDSTOW CHEESE - £10

Served on fresh white or wholemeal bloomer bread.  
Can also be served as a panini (G,D,MU,L,SY)

### TUNA & RED ONION - £10

Served on fresh white or wholemeal bloomer bread. Can also be  
served as a tuna melt panini (G,F,E,D,L,SU,C,SY,MU)



Allergens Caveat: V: Vegetarian VE: Vegan. If you have a food allergy, intolerance or sensitivity, please speak to your server before ordering your meal.

Please be aware our kitchen contains allergens of all kinds so we therefore cannot guarantee that any one dish can be free of all traces of any allergen. CR: Crustaceans / C: Celery / D: Dairy / E: Eggs / F: Fish / PN: Peanuts / G: Gluten / L: Lupin / N: Nuts / ML: Molluscs / MU: Mustard / SY: Soya / SU: Sulphites / S: Sesame seeds.



## SALADS

### TIGER PRAWN & MARIE ROSE - £15

Crisp baby leaves, wild rocket, grilled bloomer loaf and lemon vinaigrette (G,C,MU,SU,D,L,CR,ML)

### 4 OZ GRILLED RUMP STEAK - £15

Dressed wild rocket and iceberg lettuce, tomatoes, olives, garlic antipasti with charred lemon (MU,SU)

## VEGAN & VEGETARIAN

### OLIVE LINGUINE - £15 (SMALL PLATE £7)

In our Seahorse pesto, with wilted seasonal greens and finished with vegan hard cheese and pesto (VE,G,SU,C)

### 'FISH' & CHIPS - £15 (SMALL PLATE £8)

Banana blossom in our Seahorse batter, seasoned house fries, mushy peas, lemon and garnish (VE,G,SU,MU)

### GRILLED AUBERGINE, COURGETTE, MUSHROOM & BEEF TOMATO - £15

Stacked with BBQ sauce glazed jack fruit in a toasted bun with relish, crisp iceberg and a side of house fries (V,G,C,SU,SY,D,L,MU)

## MAINS

### HAM, EGG & CHIPS - £14 (SMALL PLATE £7)

Home-roasted and glazed ham with two poached eggs and seasoned house fries (C,SU,MU,E,D,SY)  
Add hollandaise sauce - £3 (D,E,SU)

### SPAGHETTI BOLOGNESE - £14 (SMALL PLATE £7)

Cornish beef mince in a rich tomato sauce with onions, celery and carrots. Topped with parmesan cheese (G,C,SU,D). Add garlic bread - £2

### STEAK FRITES - £18

Grilled 8oz steak of the day, seasoned house fries and steak garnish (D,MU)  
Add peppercorn (D,SU) or hollandaise sauce (D,E,SU) - £3

### BEEF BURGER - £15 (SMALL PLATE £8)

Grilled 6oz Cornish beef patty, bacon and Monterey jack cheese, stacked in a toasted bun with relish, crisp iceberg, tomato and a side of seasoned house fries (G,C,D,E,MU)

### BEEF BRISKET AND ALIGOT - £17

Simply braised in red wine, garlic and hard herbs, classic aligot and pan jus (C,SU,D)

### PIRI PIRI CHICKEN - £16

Grilled piri piri spiced chicken fillet and beef brisket, stacked in a toasted bun with relish, crisp iceberg, tomato and a side of house fries (G,C,D,E,MU)

### FISH & CHIPS - £15 (SMALL PLATE £8)

Sustainably landed white fish of the day, seasoned house fries, mushy peas, lemon and garnish (G,F,ML,CR,MU)

### MOULES & FRITES - £17 (SMALL PLATE £10)

White wine, shallot, garlic & cream sauce, warmed bloomer and house fries (G,D,L,SU,CR,ML,MU)

### SURF & TURF - £19

4oz steak of the day, potted crab and butterfly prawns, seasoned house fries and steak garnish (F,CR,ML,D,MU)

### SEAFOOD PAELLA - £16

Sustainably landed grilled hake fillet, prawns, chorizo and chicken paella (C,F,CR,ML,SU,MU,D)

### GRILLED CATCH - £16

Sustainably landed white fish of the day with butter, wilted greens and lemon and potato of the day (F,CR,ML,D,C)

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